

HKIMM 亞太增生高峰會 TAPRM

HKIMM/TAPRM Asia Pacific Prolotherapy Conference

Venue: Taichung Veterans General Hospital



2018 NOV 17-18

Taichung

TAIWAN



Dr. Bjorn Eek



Dr. Lenny Horwitz



Dr. Frederick Lin



Dr. Stanley Lam



Dr. Shin-Tsu Chang



Dr. Yong Hyun Yoon



Dr. Philip Lim



Dr. Jeimylo De Castro

Hong Kong Institute of Musculoskeletal Medicine

Taiwan Association of Prolotherapy and Regenerative Medicine

Rehab. Dept. Taichung Veterans General Hospital

2018 HKIMM TAPRM Asia Pacific Prolotherapy Conference (Regenerative Injection Therapy)

Hong Kong Institute of Musculoskeletal Medicine / Taiwan Association of Prolotherapy and Regenerative Medicine

Date : November 17-18, 2018

Venue: Taichung Veterans General Hospital Research Building 2F

No.1650, Sec. 4, Taiwan Blvd., Xitun Dist., Taichung City 407, Taiwan (R.O.C.)

Special Lecture Venue: pending, (19:00-21:00 17th Nov. subjected to change)

International Register link : <https://goo.gl/AT9Mmu> (此連結為國外付款使用，台灣醫師請填寫 台灣版報名表)

Day 1 : Sat 17th Nov. 2018

Time	Topics of conference	
08:00~08:20	Registration	
08:20~08:30	Welcome and Introduction	Dr. Frederick Lin Dr. Stanley Lam
08:30~09:30	Biotensegrity	Dr. Lenny Horwitz
09:30~10:00	Introduction of RIT (Regenerative Injection Therapy)	Dr. Bjorn Eek
10:00~10:30	Introduction of nerve hydrodissection	Dr. Stanley Lam
10:30~10:50	Break	
10:50~11:00	Localization of pain site by skeletal scintigraphy	Dr. Shin-Tsu Chang
11:00~11:30	Prolotherapy of knee	Dr. Bjorn Eek
11:30~12:00	Video demonstration: prolo for knee	Dr. Bjorn Eek
12:00~12:30	Nerves for RIT of knee	Dr. Stanley Lam
12:30~13:30	Lunch	
13:30~13:50	RIT in Hong Kong	Dr. Stanley Lam
13:50~14:10	RIT in Taiwan	Dr. Frederick Lin
14:10~14:30	RIT in Australia	Dr. Philip Lim
14:30~15:00	Prolotherapy of hip	Dr. Bjorn Eek
15:00~15:30	Video demonstration: prolo for hip	Dr. Bjorn Eek
15:30~16:00	Break	
16:00~16:30	Nerves for RIT of hip	Dr. Stanley Lam
16:30~17:00	Solution advancement of RIT	Dr. Bjorn Eek
17:00~17:30	Nutrition for RIT	Dr. Bjorn Eek
	Break and short dinner	
19:00-21:30	Special lecture and demonstration: Essential elements to raise up RIT result & role of manipulation in RIT, manual technique for shoulder	Dr. Philip Lim

Day 2 : Sun 18th Nov. 2018

Time	Topics of conference	
08:00~08:30	Registration	
08:30~09:00	Prolotherapy of ankle	Dr. Lenny Horwitz
09:00~09:20	Video demonstration: prolo for ankle	Dr. Lenny Horwitz
09:20~09:50	Prolotherapy of foot	Dr. Lenny Horwitz
09:50~10:10	Video demonstration: prolo for foot	Dr. Lenny Horwitz
10:10~10:40	Break	
10:40~11:10	Nerves for RIT of ankle / foot	Dr. Stanley Lam
11:10~11:40	Prolotherapy of neck / upper back	Dr. Bjorn Eek
11:40~12:00	Video demonstration: prolo for neck / upper back	Dr. Bjorn Eek
12:00~12:30	Nerves for RIT of neck / upper back	Dr. Stanley Lam
12:30~13:30	Lunch	
13:30~13:50	RIT in Philippine	Dr. Jeimylo De Castro
13:50~14:10	RIT in Korea	Dr. Yong Hyun Yoon
14:10~14:40	Prolotherapy of shoulder	Dr. Bjorn Eek
14:40~15:00	Video demonstration: prolo for shoulder	Dr. Bjorn Eek
15:00~15:30	Prolotherapy for shoulder instability	Dr. Yong Hyun Yoon
15:30~16:00	Break	
16:00~16:30	Nerves for RIT of shoulder	Dr. Stanley Lam
16:30~17:00	Prolotherapy of lower back	Dr. Bjorn Eek
17:00~17:20	Video demonstration: prolotherapy of lower back	Dr. Bjorn Eek
17:20~17:50	Nerves for RIT of the lower back	Dr. Stanley Lam

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2018 HKIMM/TAPRM Asia Pacific Prolotherapy Conference is coming soon, hope our international friends, who are interested in RIT will join us and get a lot in this world top RIT conference in Taichung, Taiwan.

In this conference, **Dr. Bjorn Eek** (2007 AAOM lifetime achievement award) and **Dr. Lenny Horwitz** (2013 AAOM lifetime achievement award), the two very very experienced genius AAOM teacher will teach their 30 year prolotherapy for almost every part of our body, and **Dr. Stanley Lam**, talented great teacher of msk ultrasound and nerve hydrodissection, will add on ultrasound validation for anatomy of prolotherapy with essential nerve to hydrodissect when doing Regenerative Injection Therapy to improve healing and accelerate pain subside!!

Above lectures will also be explained by doing a video demonstration to illustrate more detail for attendees to understand and really learn how to do it in the real practice !!!

No matter new or experienced doctor in prolotherapy or regenerative injection using PRP , stem cell, etc. definitely can learn a lot in this great meeting of RIT giants.

Dr. Philip Lim from Australia, also very experienced and great expert doctor in musculoskeletal medicine, and regenerative injection therapy, also a foundation fellow of HKIMM, will share his practice in Australia, and add on a special lecture for most essential elements in RIT, such as manipulation, and will do the live demonstration for shoulder manipulation to reduce shoulder grinding immediately, to explain how to improve RIT result.

Dr. Yong Hyun, Yoon from Korea, association of Cyriax orthopedic medicine, shoulder fellow, IROM-C, orthopedic surgeon, seeing incredibly lots of patients every day, very experienced in combing prolotherapy with intravenous micronutrition therapy, will share his experience in treating shoulder instability with prolotherapy, and current RIT development in Korea.

Dr. Jeikenne Cassor from Philippine, director of sonographic msk assessment and regenerative medicine, leading many international workshops, teaching ultrasound and regenerative injection around the world, will share RIT development in Philippine.

Dr. Frederick Lin, doing full time comprehensive prolotherapy for years for massive patients from every part of Taiwan in clinic and hospital , combing acupuncture, iv nutrition, peripheral nerve hydrodissection, physiotherapy, specific microcurrent frequency, etc., founded Taiwan Association of Prolotherapy and Regenerative Medicine, will share the development of RIT in Taiwan.

Dr. Shin-Tsu, Chang, vice president of Taiwan Rehabilitation Association, chef of Rehabilitation department of Taichung Veterans General Hospital, having great experience of diagnostic image, especially skeletal scintigraphy, will share his great clinical pearls in this field to help to localize skeletal pain site

This is a must attend event in Asia even in the world, and everyone will learn a lot in this precious meeting.

Besides such a great conference, there are lots of great places and food to visit and taste in Taiwan, sincerely looking forward to see you in Taichung, Taiwan very soon.

Speaker Profile:

Dr. Bjorn Eek, MD

Doctor Eek is an orthopedic surgeon in private practice in Santa Barbara, CA. He served his residency in General Surgery at the University of New Mexico School of Medicine and his subspecialty training in Orthopedic Surgery at the University of California Irvine College of Medicine. He earned his Doctor of Medicine degree at University of California at Irvine. For his undergraduate studies, Dr. Eek attended the University of California at Los Angeles.

His great skills and experience in musculoskeletal medicine makes him so famous in USA for great result of treatment and diagnosis. He devoted himself in developing msk medicine such as prolotherapy, regenerative injection therapy, and teaches around the world to help more doctors learn prolotherapy and improve their treatment results. He also developed solutions and nutrition to improve RIT.

He got American Association Orthopedic Medicine (AAOM) lifetime achievement award in 2007 which just shows our respect and gratefulness for Dr. Eek.

Dr. Lenny Horwitz, DPM

Dr. Lenny S. Horwitz, DPM practices podiatry in Bluefield, Va. where he specializes in non-surgical interventions for treating foot and ankle problems. His 19 page CV is very impressive, spanning almost 50 years of practice, but Dr. Horwitz is best known for his clear understanding of how foot dysfunction and disease impact other parts of the body such as the neck, back, and knee.

Dr. Horwitz teaches biomechanics and prolotherapy for AAOM, the Hackett-Hemwall Foundation and Israel's Hadassah Hospital. In the past, he has taught for AOA and AAOM. He also has lectured about treatments for diabetic neuropathies at local healthcare institutions and for the Goldfarb Lecture at Temple University's Podiatric School of Medicine in Philadelphia, Pennsylvania. He has the ability to make the complex seem simple and fun when he is teaching so his classes are always filled with eager students wanting to learn.

2013 AAOM lifetime achievement award

Dr. Stanley KH Lam, MD

MBBS, MScSEM (BATH), MScSMHS (CUHK), FHKIMM

PGDip MSM (Otago), RMSK, CIPS, FIPP

President / HKIMM

Clinical Associate Professor (Hon) / The Chinese University of Hong Kong

Hon Clinical Assistant Professor / The University of Hong Kong

MSKUS Asia President

MSKUS Faculty

AAOM Faculty

World Academy of Pain Medicine Ultrasonography (WAPMU) Faculty

World Institute of Pain Examiner

Hackett Hemwall Foundation Faculty

The Orthobiologic Institution (TOBI) Faculty

American Osteopathic Association of Prolotherapy and Regenerative Medicine Faculty

KH Lam Musculoskeletal Pain Management & Sports Injury Center, Hong Kong

Team Physician, Rugby Teams, The Hong Kong University of Education

Dr. Stanley Lam is famous for his comprehensive knowledge in musculoskeletal ultrasound and regenerative injection therapy. As he was invited to teach all around the world, he stayed a lot in the air which may be more than he was on the ground. He stays in the air more, also because he runs a lot. As he runs more, he gets more experience of RIT by injecting himself by himself. Everywhere he teaches, people just inexorably surround him for more teaching. He devotes himself to musculoskeletal pain, and he teaches and keeps improving his medicine with love.

Dr. Philip Lim

Musculoskeletal Medicine

Northside Physical Medicine

105/2 Atchison Street

St Leonards NSW

Australia

Dr. Philip Lim is a medical practitioner with special interest in musculoskeletal medicine and is in private practice on the North Shore of Sydney, in sunny Australia.

He graduated from the University of London (MB.BS.) in 1985. He has a Masters of Medicine in Physical (Musculoskeletal) Medicine from the University of Sydney in 2002. With over 30 years' experience in medicine, his interest is in manual therapies along with Regenerative Orthopaedic Medicine using platelet rich plasma injections to both ligaments and joints under ultrasound guidance. He is a Foundation Fellow of the Hong Kong Institute of Musculoskeletal Medicine and Member of the Australian Association of Musculoskeletal Medicine and the American Association of Orthopaedic Medicine.

- **MB.BS. (London) (1985)**
- **Master of Medicine, University of Sydney (2003)**
- **Fellow Australian College of Physical Medicine**
- **Fellow Hong Kong Institute of Musculoskeletal Medicine**
- **Past Fellowship Examiner Hong Kong Institute of Musculoskeletal Medicine**
- **Member Australian Association of Musculoskeletal Medicine**
- **Member American Association of Orthopaedic Medicine**

Dr. Yong Hyun Yoon

MD - Korean Medical Doctor

Orthopaedic Surgeon - Hallym Sacred Hearted Hospital

Shoulder and Elbow Fellowship - Hallym Sacred Hearted Hospital

DOMTP - Diplomate in Osteopathic Manipulative Theory & Practice

RMSK by ARDMS

IROM-C (Interventional and Regenerative Orthopaedic Medicine Certification)

Facutly / O-C-O (Ontario College of Osteopathy)

Faculty / KACOM (Korean Association of Cyriax Orthopaedic Medicine)

Faculty / KAMST (Korean Association of Medical Shockwave Treatment)

Faculty / MSSONO (Musculoskeletal Ultrasound)

CranioSomatic Treatment Workshop by Hancock

HHPF (Hackett Hemwall Patterson Foundation) workshop

AAOM workshop (Denver, Cancun, Guadalajara, Seattle)

Perineural Injection Therapy Workshop (John Lyftogt)

ISMST diplomate (International Society of Medical Shockwave Treatment)

Member of AAOM, A4M, AAOT, ISMST

Member of KOA, KSES, Korean Knee Society

Incheon Terminal Orthopaedic Clinic - Private practice

Dr. Jeimylo De Castro

Jeimylo De Castro MD, FPARM, RMSK, DABRM

Medical Director at SMARTMD -- sonographic musculoskeletal assessment and regenerative therapy

Region IVA - Calabarzon, Philippines Medical Practice

Current : SMARTMD -- sonographic musculoskeletal assessment and regenerative therapy, American Academy and Board of Regenerative Medicine, Society of Diagnostic Medical Sonography

Previous : PuRxCell, American academy and board of regenerative medicine, Teaching faculty of aapmr msk ultrasound guided chemodenervation workshop

Education : University of Santo Tomas

Dr. Frederick Lin

Dr. Frederick Lin was trained in Taichung Veterans General Hospital Rehabilitation department by Dr. Chiu for PM&R and Cyriax's orthopedic medicine, and acupuncture degree in Chinese Medicine University. He then shifted his major interest to prolotherapy since 2010, trained prolotherapy in Hackett Hemwall Patterson Foundation, AAOM, HKIMM, MSKUS, and founded TAPRM in 2014 with his colleagues. TAPRM provides information and education of prolotherapy to Taiwan doctors, and prolotherapy is now very widely practiced in Taiwan. TAPRM also keeps connecting Taiwan prolo doctors to the world that many doctors devote in learning new skills to help practice of prolo. The prolotherapy in Taiwan is reshaped in a more comprehensive style, and more and more Taiwan people get healing from RIT to live pain free. Dr. Lin also set up his Immanuel Regenerative Care Clinic to do a full time RIT practice, and also provides more resource for training of RIT in Taiwan.

Taiwan association of prolotherapy and regenerative medicine / president & founding president (2014)

Prolotherapy Specialist in Tong General Hospital, Taichung

PM&R Taiwan

Acupuncturist Taiwan

AAOM / HKIMM

Dr. Shin-Tsu Chang

Dr. Shin-Tsu Chang, MD, MS, PhD

Director of Department of Physical Medicine and Rehabilitation, Taichung Veterans General Hospital, Taichung, Taiwan

Associate Professor, Department of Physical Medicine and Rehabilitation, Faculty of Medicine, National Defense Medical Center, Taipei, Taiwan

The 19th Vice President of the Taiwan Academy of Physical Medicine and Rehabilitation, the specialist review committee

Member of the Republic of China Medical Ultrasonic Society

Member of the American Society of Neurorehabilitation

Member of Taiwan Academy of Physical Medicine and Rehabilitation

Specialist board of Taiwan Academy of Physical Medicine and Rehabilitation

Member of Taiwan Stroke Society

Registration Fee:

The registration fee includes two days Conference and special lecture

Registration Fee	USD\$1040
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Precautions:

1. In order to protect the rights and interests of the attendees and the intellectual property of the speakers, any form of audio and / or video recording is prohibited.
2. This two-day course is a continuous course. There is NO segmental registration and there is NO refund for the course.

Qualification for registration:

The availability is limited. The organizer reserves the right to review the registrations.

How to register:

International Register link : <https://goo.gl/AT9Mmu>

(此連結為國外付款使用,台灣醫師請填寫 台灣版報名表)

1. Registration time: Registration starts online on 5 August 2018, available on first come first served basis.
2. After filling out the registration form through BeClass registration system, we will send a payment notice. Please transfer the fee within 3 days of receiving the notice to complete the registration. Those who fail to complete the payment within the deadline will be disqualified from the registration.
3. You can check BeClass registration system to see whether your registration is successful.

4. Refund agreement:

- ★ On condition that the course fails to start due to any force-majeure circumstances, the registration fee can be refunded in full.
- ★ If you are unable to participate due to the personal reasons, please inform us in advance by e-mail (there's no making up of the course).
- ★ When the personal factor refund request is received, the full refund can be made if the vacancy can be filled, according to the order of registration.
- ★ The cancellation fee is **USD\$70**. Cancellation 21 to 30 days before the start of the course will be refunded **90%** (cancellation fee required); cancellation 4 to 20 days before the start of the course will be refunded **70%** (cancellation fee required); cancellation within 3 days of the start of the course will be refunded **50%** (cancellation fee required); **those who failed to arrive will not be refunded except for irresistible factors. Renewal fee; those who have not arrived will not be refunded except for irresistible factors.**

5. Registration consultation:

Please contact us during business hours from Monday to Friday.

Secretary e-mail: TAPRM2014@gmail.com

TAPRM secretary will also mail to you after we get the registration to help to get the right way to the venue on time

Collaborative hotel discount rate:

(Please inform the counter when you make a reservation: Taiwan Association of Prolotherapy and Regenerative Medicine; all of the following rates are the contract price. We are not responsible if the hotel has further discounts, please require when you make the reservation on the day of check-in.)

★ **Taichung Howard Prince Hotel:** +886-4-2463-2323

★ **Howard Jade Garden Taichung** (appended to Howard Prince Hotel, of which the room number is small): +886-4-2463-2323

★ **Windsor Hotel Taichung:** +886-4-2465-6555

Above 3 hotels are quite close to conference venue and workshop venue

Tourist Attraction

TOP 10 must go in Taichung: <https://ppt.cc/fX8fQx>

Night market / Sun Moon Lake

Traffic:

Airflight:

Please search for flight to National Taoyuan International airport (TPE) 80 min drive to venue, one hour high speed rail to venue, or Taichung International Airport (RMQ) 30min taxi to venue (taxi fee around 300 NTD or 10 USD)

Bus Information:

- ◆ Regular Bus Lanes: No.300 to No.310
- ◆ Get off at Taichung Veterans General Hospital

Driving Direction:

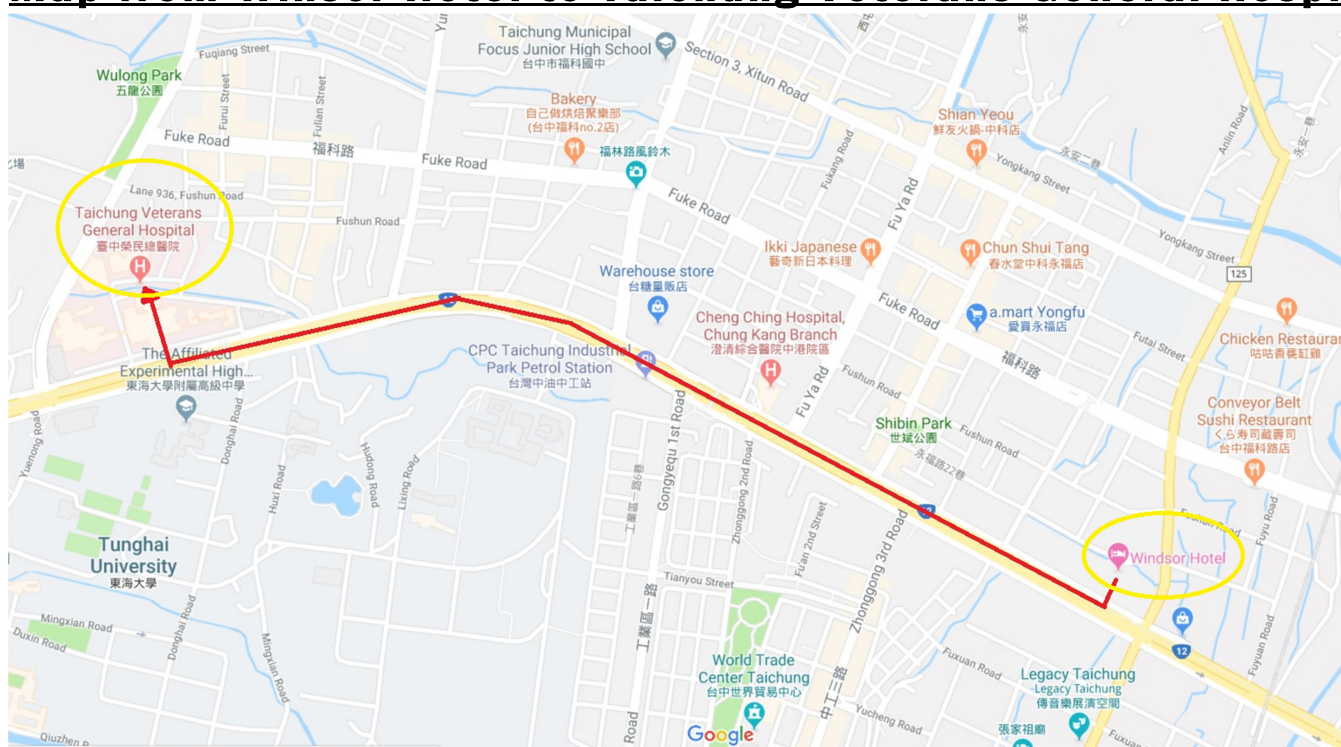
Getting off the highway at the Chung-Kang Ramp, driving in the direction of Sha-Lu for about 5 minutes, then Taichung Veterans General Hospital will be found on the right side (in front of Tunghai University).

Taiwan High Speed Rail Transfer Information:

From Taoyuan airport, taking taxi or MRT to Taoyuan high speed rail station, purchase the ticket of HSR to Taichung station

Get off at Taiwan High Speed Rail Station in Wuri District, Taichung and take High-speed Rail Express Bus No.161 there to Tunghai University (opposite to Taichung Veterans General Hospital across the Taizhonggang Road) or taxi to hotel (around 10 USD, 300 NTD)

Map from Winsor Hotel to Taichung Veterans General Hospital



Taichung Veterans General Hospital Map

