

HKIMM 亞太增生高峰會 TAPRM

HKIMM/TAPRM Asia Pacific Prolotherapy Conference

Venue: Taichung Veterans General Hospital



2018 NOV 17-18

Taichung



Dr. Bjorn Eek



Dr. Lenny Horwitz



Dr. Frederick Lin



Dr. Stanley Lam



Dr. Shin-Tsu Chang



Dr. Yong Hyun Yoon



Dr. Philip Lim



Dr. Jeimylo De Castro

Hong Kong Institute of Musculoskeletal Medicine

Taiwan Association of Prolotherapy and Regenerative Medicine

Rehab. Dept. Taichung Veterans General Hospital

2018 HKIMM TAPRM Asia Pacific Prolotherapy Conference (Regenerative Injection Therapy)

Hong Kong Institute of Musculoskeletal Medicine / Taiwan Association of Prolotherapy and Regenerative Medicine

Date : November 17-18, 2018

Venue: 台中榮民總醫院 研究大樓二樓 第一會場

台中市西屯區臺灣大道四段 1650 號

Special Lecture Venue: pending, (19:00-21:00 17th Nov. subjected to change)

主辦單位：台灣增生療法醫學會、香港肌骨醫學研究院、台中榮民總醫院 復健科

Register link : <https://goo.gl/tgubct>

Day 1 : Sat 17th Nov. 2018

Time	Topics of conference	
08:00~08:20	Registration	
08:20~08:30	Welcome and Introduction	Dr. Frederick Lin Dr. Stanley Lam
08:30~09:30	Biotensegrity	Dr. Lenny Horwitz
09:30~10:00	Introduction of RIT (Regenerative Injection Therapy)	Dr. Bjorn Eek
10:00~10:30	Introduction of nerve hydrodissection	Dr. Stanley Lam
10:30~10:50	Break	
10:50~11:00	Localization of pain site by skeletal scintigraphy	Dr. Shin-Tsu Chang
11:00~11:30	Prolotherapy of knee	Dr. Bjorn Eek
11:30~12:00	Video demonstration: prolo for knee	Dr. Bjorn Eek
12:00~12:30	Nerves for RIT of knee	Dr. Stanley Lam
12:30~13:30	Lunch	
13:30~13:50	RIT in Hong Kong	Dr. Stanley Lam
13:50~14:10	RIT in Taiwan	Dr. Frederick Lin
14:10~14:30	RIT in Australia	Dr. Philip Lim
14:30~15:00	Prolotherapy of hip	Dr. Bjorn Eek
15:00~15:30	Video demonstration: prolo for hip	Dr. Bjorn Eek
15:30~16:00	Break	
16:00~16:30	Nerves for RIT of hip	Dr. Stanley Lam
16:30~17:00	Solution advancement of RIT	Dr. Bjorn Eek
17:00~17:30	Nutrition for RIT	Dr. Bjorn Eek
	Break and short dinner	
19:00-21:30	Special lecture and demonstration: Essential elements to raise up RIT result & role of manipulation in RIT, manual technique for shoulder	Dr. Philip Lim

Day 2 : Sun 18th Nov. 2018

Time	Topics of conference	
08:00~08:30	Registration	
08:30~09:00	Prolotherapy of ankle	Dr. Lenny Horwitz
09:00~09:20	Video demonstration: prolo for ankle	Dr. Lenny Horwitz
09:20~09:50	Prolotherapy of foot	Dr. Lenny Horwitz
09:50~10:10	Video demonstration: prolo for foot	Dr. Lenny Horwitz
10:10~10:40	Break	
10:40~11:10	Nerves for RIT of ankle / foot	Dr. Stanley Lam
11:10~11:40	Prolotherapy of neck / upper back	Dr. Bjorn Eek
11:40~12:00	Video demonstration: prolo for neck / upper back	Dr. Bjorn Eek
12:00~12:30	Nerves for RIT of neck / upper back	Dr. Stanley Lam
12:30~13:30	Lunch	
13:30~13:50	RIT in Philippine	Dr. Jeimylo De Castro
13:50~14:10	RIT in Korea	Dr. Yong Hyun Yoon
14:10~14:40	Prolotherapy of shoulder	Dr. Bjorn Eek
14:40~15:00	Video demonstration: prolo for shoulder	Dr. Bjorn Eek
15:00~15:30	Prolotherapy for shoulder instability	Dr. Yong Hyun Yoon
15:30~16:00	Break	
16:00~16:30	Nerves for RIT of shoulder	Dr. Stanley Lam
16:30~17:00	Prolotherapy of lower back	Dr. Bjorn Eek
17:00~17:20	Video demonstration: prolotherapy of lower back	Dr. Bjorn Eek
17:20~17:50	Nerves for RIT of the lower back	Dr. Stanley Lam

Register link : <https://goo.gl/tgubct>

2018 年香港肌骨醫學研究院與台灣增生療法醫學會即將於 11 月聯合舉辦，亞太國際增生療法高峰會，邀請到 2007 年美國骨科學會 (AAOM) 終身成就獎得獎者：**Dr. Bjorn Eek** 及 2013 年得主 **Dr. Lenny Horwitz** 演講，主題為各部位的增生療法，足科醫師 Lenny 是生物力學大師，特別能將身體各部位症狀做一整合診斷，將說明 Biotensegrity 的觀念以及臨床應用以及其依據多年經驗提出的獨到踝足增生療法注射技巧，用極少的進針點，完整修復足部及踝部的各個重要韌帶，兩位世界級大師，將蒞臨一起分享增生療法 30 年的經驗，在增生療法的領域，兩位醫師可說是世界之寶，他們的臨床及教學經驗，在世界上幾乎無人能出其右，跟隨大師學習，總是最佳學習途徑。

Dr. Bjorn Eek 以準確診斷著稱，諸多美國的名人及職業體壇巨星，都在 Dr. Eek 治療下恢復，同時 Dr. Eek 對增生療法的注射劑選擇上有先進的研究，也對於提升增生治療效果的營養使用有相當心得，將在此次演講中，同時分享。

Dr. Stanley Lam 國際知名的超音波專家，增生療法教師，神經解套注射的專家!同時也是香港肌骨研究院的主席，在世界各地的演講，總是讓人如此驚豔，收穫滿滿! 此次將參與兩位大師的演講，針對增生療法及神經解套注射，以超音波來深入了解注射治療所需要的解剖學及神經學!!

三位大師並會用實地現場影像轉播解釋更多深入的細節，讓大家真正了解增生療法，讓大家在日常的操作中就能使用。

此次高峰會實在是非常難得的國際頂尖組合，不參加實在太可惜!

另外亞太地區的 **Dr. Phillip Lam** 是增生及徒手的專家中的專家，即將在周六晚上另外為大家演講-增生治療中最重要的因素，如何提升療效，並將示範肩關節或下背部的徒手方法，非常難得的機會可以聆聽大師分享!

Dr. Jelkenne Cassor 領導著菲律賓的增生療法及超音波發展，即將分享菲律賓的增生療法概況，韓國的 **Dr. Yong Hyun Yoon** 也是肩關節的專家，將分享韓國的增生療法發展及營養使用，及肩關節不穩定的增生療法治療經驗!**張幸初教授** 多年來在肌肉骨骼疼痛的影像上累積豐富臨床經驗，特別是在骨骼掃描方面有深入的研究，將在會議中分享其寶貴經驗，**Dr. Frederick Lin** 數年來累積豐富的整合性增生療法經驗，投入增生療法推廣帶動台灣增生療法醫學發展，將在會議中與國際醫師分享台灣的增生療法發展!

共有八位醫師代表美國、香港、澳洲、菲律賓、韓國、台灣，共聚一堂，分享其臨床經驗，增進亞洲區的增生療法交流互動，同時也把最好最新的治療在會議中呈現，實乃年度增生療法盛事! 期待每一位有興趣的醫師的參與!! 相信一定能收穫滿滿，在觀念及技術上都得到精進，幫助患者遠離疼痛!

Speaker Profile:

Dr. Bjorn Eek, MD

Doctor Eek is an orthopedic surgeon in private practice in Santa Barbara, CA. He served his residency in General Surgery at the University of New Mexico School of Medicine and his subspecialty training in Orthopedic Surgery at the University of California Irvine College of Medicine. He earned his Doctor of Medicine degree at University of California at Irvine. For his undergraduate studies, Dr. Eek attended the University of California at Los Angeles.

His great skills and experience in musculoskeletal medicine makes him so famous in USA for great result of treatment and diagnosis. He devoted himself in developing msk medicine such as prolotherapy, regenerative injection therapy, and teaches around the world to help more doctors learn prolotherapy and improve their treatment results. He also developed solutions and nutrition to improve RIT.

He got American Association Orthopedic Medicine (AAOM) lifetime achievement award in 2007 which just shows our respect and gratefulness for Dr. Eek.

Dr. Bjorn Eek ---

美國知名骨科醫師，臨床功力深厚，名聲遠播，治療的對象包含許多名人影星，運動員等等，除了骨科手術，並累積 30 年的增生療法經驗，對於增生藥劑有獨到研究，修復人體椎間盤，專精各樣再生性注射，雖年事已高仍每週往返 LA, Sanfrancisco 做進階的導引增生性注射及教學，Dr. Eek 於 AAOM 擔任增生療法教學數十年，教學經驗相當豐富，每年均參與於墨西哥舉辦的治療技術工作坊指導年輕醫師，每次其教學，所有資深醫師也蜂擁而至，聆聽其珍貴心得分享，亞洲區增生療法醫師幾乎都跟隨 Dr. Eek 學習過，因為年輕的時候，當海軍曾在高雄服役，因此對台灣有深刻感情，於是特別願意不辭路途遙遠，不遠千里來台，為台灣醫療獻上 30 年來珍貴的行醫經驗分享，真的是台灣醫師之福啊！

此次課程，將教導 Cryriax 系統為基礎的骨科學(orthopedic medicine)與增生療法的最重要臨床重點觀念及技術，並教授上下肢及脊椎的評估技術及增生療法，此次應為 Dr. Eek 唯一一次來台教學，錯過之後應無法再於台灣接受大師珍貴的現場指導，務必把握學習良機，千載難逢！

Dr. Lenny Horwitz, DPM

Dr. Lenny S. Horwitz, DPM practices podiatry in Bluefield, Va. where he specializes in non-surgical interventions for treating foot and ankle problems. His 19 page CV is very impressive, spanning almost 50 years of practice, but Dr. Horwitz is best known for his clear understanding of how foot dysfunction and disease impact other parts of the body such as the neck, back, and knee.

Dr. Horwitz teaches biomechanics and prolotherapy for AAOM, the Hackett-Hemwall Foundation and Israel's Hadassah Hospital. In the past, he has taught for AOA and AAOM. He also has lectured about treatments for diabetic neuropathies at local healthcare institutions and for the Goldfarb Lecture at Temple University's Podiatric School of Medicine in Philadelphia, Pennsylvania. He has the ability to make the complex seem simple and fun when he is teaching so his classes are always filled with eager students wanting to learn.

2013 AAOM lifetime achievement award

Dr. Lenny Horwitz ---

美國肌骨醫學會(AAOM)近三十年增生療法及足部臨床經驗的足科大師，曾被評選為美國鞋墊之父，專精人體力學，徒手治療，也曾是外科醫師，專精足部完整治療，獨創的增生療法注射手法，讓人可以在三針內，幾乎解決所有踝足部韌帶問題，堪稱踝足三針!! 對人體力學的了解，每一次聽他解析患者，都有如醍醐灌頂，打通任督二脈! 大師光是一句話，往往就能令人回味無窮。足部醫學醫師，對生物力學往往都有一定的研究，Lenny 更是大師中的大師，他的診所有 16 位護士，一整套完整的治療流程，包含診斷、注射、徒手矯正、貼紮! 治療好足部的問題，很多問題都能夠改善! 這位大師，不僅非常厲害，更是超級親切幽默，聽他講課總是如沐春風，笑聲不斷，輕鬆之間，把很多不容易的問題解決! 能邀請到他，真的是我們的榮幸!

Dr. Stanley KH Lam, MD

MBBS 香港大學內外全科醫學士 / **MScSEM (BATH)** 英國巴斯大學運動醫學碩士

MScSMHS (CUHK) 香港中文大學運動和健康醫學碩士 / **FHKIMM** 香港肌骨醫學研究中心院士

PGDip MSM (Otago) 紐西蘭奧塔哥大學肌骨醫學學士後文憑 / **RMSK** 美國肌骨超音波認證

CIPS 世界疼痛醫學會超音波引導介入治療院士 / **FIPP** 世界疼痛醫學會介入疼痛醫學院士

President/ HKIMM 香港肌骨醫學研究中心主席

Clinical Associate Professor(Hon) / The Chinese University of Hong Kong 香港中文大學榮譽臨床副教授

Hon Clinical Assistant Professor / The University of Hong Kong 香港大學榮譽臨床助理教授

MSKUS Asia President 亞太肌肉骨骼超音波學會主席

MSKUS Faculty 美國肌肉骨骼超音波學會教師

AAOM Faculty 美國肌骨醫學會(AAOM) 增生療法教師

World Academy of Pain Medicine Ultrasonography (WAPMU) Faculty 世界疼痛醫學超音波學會教師

World Institute of Pain Examiner 世界疼痛醫學會考官

Hackett Hemwall Foundation Faculty 師資

The Orthobiologic Institution (TOBI) Faculty 師資

American Osteopathic Association of Prolotherapy and Regenerative Medicine Faculty 師資

KH Lam Musculoskeletal Pain Management & Sports Injury Center, Hong Kong

Team Physician, Rugby Teams, The Hong Kong University of Education 香港教育大學欖球隊隊醫

Dr. Stanley Lam is famous for his comprehensive knowledge in musculoskeletal ultrasound and regenerative injection therapy. As he was invited to teach all around the world, he stayed a lot in the air which may be more than he was on the ground. He stays in the air more, also because he runs a lot. As he runs more, he gets more experience of RIT by injecting himself by himself. Everywhere he teaches, people just inexorably surround him for more teaching. He devotes himself to musculoskeletal pain, and he teaches and keeps improving his medicine with love.

Dr. Philip Lim

Musculoskeletal Medicine / Northside Physical Medicine

105/2 Atchison Street

St Leonards NSW

Australia

Dr. Philip Lim is a medical practitioner with special interest in musculoskeletal medicine and is in private practice on the North Shore of Sydney, in sunny Australia.

He graduated from the University of London (MB.BS.) in 1985. He has a Masters of Medicine in Physical (Musculoskeletal) Medicine from the University of Sydney in 2002. With over 30 years' experience in medicine, his interest is in manual therapies along with Regenerative Orthopaedic Medicine using platelet rich plasma injections to both ligaments and joints under ultrasound guidance. He is a Foundation Fellow of the Hong Kong Institute of Musculoskeletal Medicine and Member of the Australian Association of Musculoskeletal Medicine and the American Association of Orthopaedic Medicine.

- **MB.BS. (London) (1985)**
- **Master of Medicine, University of Sydney (2003)**
- **Fellow Australian College of Physical Medicine**
- **Fellow Hong Kong Institute of Musculoskeletal Medicine**
- **Past Fellowship Examiner Hong Kong Institute of Musculoskeletal Medicine**
- **Member Australian Association of Musculoskeletal Medicine**
- **Member American Association of Orthopaedic Medicine**

Dr. Yong Hyun Yoon

MD - Korean Medical Doctor

Orthopaedic Surgeon - Hallym Sacred Hearted Hospital

Shoulder and Elbow Fellowship - Hallym Sacred Hearted Hospital

DOMTP - Diplomate in Osteopathic Manipulative Theory & Practice

RMSK by ARDMS

IROM-C (Interventional and Regenerative Orthopaedic Medicine Certification)

Facultly / O-C-O (Ontario College of Osteopathy)

Faculty / KACOM (Korean Association of Cyriax Orthopaedic Medicine)

Faculty / KAMST (Korean Association of Medical Shockwave Treatment)

Faculty / MSSONO (Musculoskeletal Ultrasound)

CranioSomatic Treatment Workshop by Hancock

HHPF (Hackett Hemwall Patterson Foundation) workshop

AAOM workshop (Denver, Cancun, Guadalajara, Seattle)

Perineural Injection Therapy Workshop (John Lyftogt)

ISMST diplomate (International Society of Medical Shockwave Treatment)

Member of AAOM, A4M, AAOT, ISMST

Member of KOA, KSES, Korean Knee Society

Incheon Terminal Orthopaedic Clinic - Private practice

Dr. Jeimylo De Castro

Jeimylo De Castro MD, FPARM, RMSK, DABRM

Medical Director at SMARTMD -- sonographic musculoskeletal assessment and regenerative therapy

Region IVA - Calabarzon, Philippines Medical Practice

Current : SMARTMD -- sonographic musculoskeletal assessment and regenerative therapy,

American Academy and Board of Regenerative Medicine, Society of Diagnostic Medical Sonography

Previous : PuRxCell, American academy and board of regenerative medicine, Teaching faculty of

aapmr msk ultrasound guided chemodenervation workshop

Education : University of Santo Tomas

Dr. Frederick Lin

台灣增生療法醫學會會長

以馬內利復健科神經科診所

梧棲童綜合醫院增生療法特約醫師

前台中榮民總醫院復健專科醫師

前台中榮總埔里分院復健科主任

中華民國復健科專科醫師

中華民國針灸專科醫師

American Association of Orthopaedic Medicine(AAOM)進階增生療法訓練

Hackett-Hemwall Foundation (HHF)增生療法進修

香港肌駱研究中心 (HKIMM) 增生療法及肌骨醫學訓練

美國 MSKUS 美國肌骨超音波學院超音波訓練 Dr Thomas Clark

神經增生療法訓練 (neuroprolotherapy) Master Founder Dr John Lyftogt

神經動能療法訓練(Neurokinetic therapy) NKT Founder David Weinstock

神經療法訓練(Neural therapy) Dr Jeff Harris

顱薦骨療法訓練(Cranisacral Therapy)

密西根州立大學骨病學學院進修 徒手治療訓練(Michigan State University-college of osteopathy OMT training)

澳洲 Dr. Abbie 足部力學及矯正訓練

小針刀專業師資培訓

彩光針灸訓練 (Color Puncture)

Dr. Shin-Tsu Chang

Dr. Shin-Tsu Chang, MD, MS, PhD

Director of Department of Physical Medicine and Rehabilitation, Taichung Veterans General Hospital, Taichung, Taiwan

Associate Professor, Department of Physical Medicine and Rehabilitation, Faculty of Medicine, National Defense Medical Center, Taipei, Taiwan

The 19th Vice President of the Taiwan Academy of Physical Medicine and Rehabilitation, the specialist review committee

Member of the Republic of China Medical Ultrasonic Society

Member of the American Society of Neurorehabilitation

Member of Taiwan Academy of Physical Medicine and Rehabilitation

Specialist board of Taiwan Academy of Physical Medicine and Rehabilitation

Member of Taiwan Stroke Society

注意事項：

1. 為維護學員權益並尊重講師智慧財產，非講師允許之特殊情況，會場**禁止拍照或錄音攝影**。
2. **兩天課程為連續課程**，無分段報名，課程開始上課就不得退費。

報名資格：

座位有限額滿為止。主辦單位保留報名審核權。

課程費用： **報名連結：** <https://goo.gl/tgubct>

- 原價新台幣 32,000 元整，**8/31 之前報名完成，享有早鳥價新台幣 28,000 元整，9/1~10/31 報名完成，優惠價新台幣 30,000 元。**（不用餐者相同）
- 備有英文同步口譯（耳機式），需另付**耳機租借費用新台幣 200 元/日**。

報名方式：

1. 報名時間及名額：**107/07/31 14:00 開放報名**，至額滿為止，**採優先報名制**。
2. 於 **BeClass** 報名系統填寫報名資料後，學會依報名順序傳送繳費通知，請於收到通知 **3 日內繳費**以完成報名，於最後期限內未完成繳費者將取消報名資格，由學會依報名順序遞補。
3. **BeClass** 報名系統可查詢是否報名成功。
4. 退費約定：
 - 本會非因不可抗拒之天災人禍而無法開課，則該堂課之報名費全額退費。
 - 因報名者個人因素無法參加者，請提早以 **e-mail** 通知本會退費(無法於日後補課)。

- 收到個人因素退費申請時，若有學員遞補就可全額退費，但遞補順序將由報名登記時為準。
- 距開課日前30日取消者酌收處理費300元；開課前21~30日前取消報名者需退90%（需扣手續費）；開課前4~20日取消報名者退70%（需扣手續費）；開課前3日取消報名者退50%（需扣手續費）；未到者除不可抗拒之因素則不退費。

5. 報名諮詢：

敬請於週一至週五上班時間聯絡

學會秘書 TAPRM2014@gmail.com (優先) 或學會聯絡電話：0963-925345

學會合作飯店優惠房價：

(訂房時請告知櫃台是合作單位：台灣增生療法醫學會；以下報價皆為簽約價，若飯店另有優惠請以入住當日實際價錢為主，謝謝。)

※台中福華飯店 假日：單人房\$3200;雙人房\$3650， 04-2463-2323

※璞園(在台中福華旁邊，可以使用福華設備，但房間數量不多)

假日：單人房\$1800元起;雙人房\$2500起， 04-2463-2323

※裕元花園酒店假日：單人房\$3830;雙人房\$4820， 04-24656555

台中榮民總醫院 院內地圖

